



YMDDIRIEDOLAETH IEUENCTID HEDDLU DE CYMRU

SOUTH WALES POLICE YOUTH TRUST



HEDDLU
DE CYMRU
SOUTH WALES
POLICE



Comisiynydd
yr Heddlu a
Throseddu
De Cymru

South Wales
Police
and Crime
Commissioner

Camau tuag at ddyfodol mwy disglair

**Beth am gerdded, loncian neu redeg
31 milltir ym mis Hydref a helpu
pobl ifanc ledled de Cymru.**

Mae Ymddiriedolaeth Ieuenctid Heddlu De Cymru (SWPYT) yn ariannu prosiectau sy'n rhoi cyfleoedd cadarnhaol i bobl ifanc ac yn eu helpu i osgoi trosedd, ymddygiad gwrthgymdeithasol a chamddefnyddio sylweddau.

Ers 2020, mae cyllid gan yr Ymddiriedolaeth wedi cefnogi tua 5,000 o bobl ifanc drwy fentrau gan gynnwys gweithgareddau chwaraeon, grwpiau ieuenctid a dosbarthiadau hunanamddiffyn.

Ymgymryd â'r her

- Cerdded, loncian neu redeg 31 milltir ym mis Hydref (dim ond 1 milltir y dydd)
- Dim cost i gofrestru
- Codi o leiaf £30 ar gyfer yr Ymddiriedolaeth

Yn barod i gymryd rhan?

E-bostiwch SWPYouthTrust@South-Wales.police.uk i gofrestru a gofyn am eich pecyn codi arian

Steps Towards Brighter Futures

**Walk, jog or run 31 miles this
October and help young people
across South Wales.**

The South Wales Police Youth Trust (SWPYT) funds projects that give young people positive opportunities and help steer them away from crime, anti-social behaviour and substance misuse.

Since 2020, SWPYT funding has supported around 5,000 young people through initiatives including sports activities, youth groups and self-defence classes.

Take on the challenge

- Walk, jog or run 31 miles in October (just 1 mile a day)
- Free to sign up
- Raise a minimum of £30 for SWPYT

Ready to get involved?

Email SWPYouthTrust@South-Wales.police.uk to sign up and request your fundraising pack.

